



Sarunas Berinas



Sarunas Berinas is interdisciplinary artist working across sculpture and photography.

His sculptural practice explores the laws of the body through self-imposed limitations, entanglement, and physical constraint. These works investigate the interplay between the human form and its boundaries, reflecting on themes of freedom, restriction, and control.

In Sarunas photographic practice, he examined the darker aspects of urban existence, documenting urban decay and the complexities of life within the modern cityscape.

His work is unified by curiosity about the tensions between structure and fragility, control and release, as expressed through diverse media. This interdisciplinary approach enables him to explore both physical and metaphorical boundaries, creating works that challenge perceptions and provoke dialogue.

Geworfenheit





Rooted in Martin Heidegger's concept of *Geworfenheit*—the idea that humans are “thrown” into existence without control over their circumstances—this piece transforms walking into an act of struggle.

These restrictive boots force the wearer to engage in each movement with intense focus, making every step uncertain and laborious. Balance, coordination, and trust in the ground beneath become precarious, disrupting the assumption that movement is an effortless, innate function. The piece becomes a metaphor for existential instability, where control over one's path is constantly challenged.

The work exists both as a tangible sculpture and a recorded performance, capturing the physical strain of movement. Displayed together, the boots and video reinforce the tension between restriction and perseverance, between the desire for freedom and the limitations imposed on the body.

Video Link: [: o e n k](#)